

LOSING YOUR HEARING?

Hearing loss isn't just a problem for seniors. As many as half of the adults in Canada with hearing loss are under the age of 65.

We will all experience some level hearing impairment as we age. Whether experiencing a chronic hearing loss or just the first signs of reduced ability, receiving treatment early can vastly improve your quality of life—and health—in the long term.

DID YOU KNOW?



Adults with hearing loss have been shown to have less gray matter in their brain, a necessary region that supports speech comprehension.

Adults between the ages of 40–69 are nearly three times more likely to have a history of falling if they also suffer from mild hearing loss.



Older adults with hearing loss have been shown to be 57% more likely to develop long periods of deep depression, stress, social isolation, anxiety and confusion.

Seniors suffering from hearing loss are more likely to experience poor mental and physical health in the future.



It's never too early to speak with a registered audiologist about your hearing—and how to support it. Early diagnosis and appropriate intervention can drastically improve your communication abilities and lead to improvements in long-term health and quality of life.

Visit bcaslpa.ca for further information about hearing tests, what to look for in a hearing aid, and how to find qualified, professional support.