



... YOU KNOW? ...

ONE IN 20 CHILDREN WILL START TO STUTTER BY THE AGE OF 5, BUT STUTTERING WILL RESOLVE IN 75-80 PERCENT OF CASES.

ONE IN 100 ADULTS EXPERIENCES STUTTERING AS A LIFE-LONG CHALLENGE.



Stuttering is the disruption in the flow of speech. When someone stutters, they may repeat sounds (b-b-bye), syllables (mo-mo-mom) or one-syllable words (and-and-and), prolong sounds (mmmmmay), or have silent blocks when no sound comes out. Stuttering may cause negative attitudes towards communication.

Early intervention is the best prevention tool. Speech-language pathologists (SLPs) work with parents to determine if a child is stuttering and make recommendations about how to support their communication. SLPs help adults make decisions about treatments that increase control over speech, address attitudes and feelings about stuttering, and reduce the negative impact of stuttering on one's life.